



## **Concerned about domestic abuse or child sexual exploitation?**

**If you are concerned about, or have been a victim of domestic abuse or child sexual exploitation, please see below for a list of different organisations that can support and help you.**

### Respect.

<https://www.respect.uk.net>

Leading the development of safe, effective work with perpetrators, male victims and young people using violence and abuse.

### Women's Aid.

[www.womensaid.org.uk](http://www.womensaid.org.uk)

Email: [helpline@womensaid.org.uk](mailto:helpline@womensaid.org.uk)

Women's Aid is a grassroots federation working together to provide life-saving services in England and build a future where domestic abuse is not tolerated.

### National Domestic Abuse Helpline.

[www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)

The freephone, 24-hour National Domestic Abuse Helpline is 0808 2000 247

### Ask for Angela.

[www.met.police.uk/AskforAngela](http://www.met.police.uk/AskforAngela)

This safety initiative 'Ask for Angela' is being rolled out to bars, clubs and other licensed businesses across London, providing a means to get urgent help if feeling threatened.

### Ask Ani.

<https://wellbeinginfo.org/ask-ani-domestic-abuse-support/>

This is a Domestic Abuse support scheme.

Prevention of Child Sex Exploitation

[www.csepoliceandprevention.org.uk](http://www.csepoliceandprevention.org.uk)

Supporter Care: 0300 303 7000

The National Child Sexual Exploitation action plan has focused on four approaches to help target offenders and protect children and young people through new ways of working.

NSPCC (National Society for the Prevention of Cruelty to Children).

[www.nspcc.org.uk](http://www.nspcc.org.uk)

Helpline: 0808 800 5000 – call this number if you're worried about a child

Childline: 0800 1111 – call this number if you are a child or young person worried about anything.

Everything the NSPCC does protects children today and prevents abuse tomorrow, to transform society for every childhood.

Child exploitation and on-line abuse - Police Safety Centre.

<https://www.ceop.police.uk/Safety-Centre/>

Are you worried about online sexual abuse or the way someone has been communicating with you online?

Parents Protect.

[www.parentsprotect.co.uk](http://www.parentsprotect.co.uk)

Confidential advice line: 0808 1000 900

Resources to help parents and carers protect children from sexual abuse and exploitation.

Stop it Now!

[www.stopitnow.org.uk](http://www.stopitnow.org.uk)

Confidential Helpline: 0808 1000 900

Help and support to prevent child sexual abuse.

*NSPCC PANTS Campaign*

[www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule](http://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule)

Talk PANTS is a simple conversation to help keep your child safe from sexual abuse