Personal, social, health and economic (PSHE) education is a vital part of our pupils' education. Our PSHE curriculum builds on and enhances other curriculum subjects and also includes high quality Relationship Education. Our PSHE curriculum also includes the age-appropriate teaching of safeguarding, drug education, financial education and the importance of physical activity and diet for a healthy lifestyle. British values and links to the Unicef Rights of the Child are also taught through our teaching of PSHE. In



order to help our children create happy early emotional and personal habits we also use 'Trick Box' within our teaching. 'Trick Box' is a fun and effective emotional and personal development programme that supports positive mental well-being and life-habits for young children.

Term	Unicef rights unicef (**)	Creating Happy Early Habits	Resources
Autumn 1- Safety Week 1- Keeping safe Week 2- Staying safe in the home Week 3- Staying safe online Week 4- The Underwear Rule Week 5- People who can keep me safe.	Article 2- safe from discrimination 3- best interests of the child 6- life, survival and development 7- to be cared for by their parents 9- must not be separated from their parents	Begin with Confidence strategies- Mirror Mirror (around week 2)	Twinkl PowerPoints Wk 1- Scenario cards to show unkind choices Wk 2- Hazard cards

These units include:-

- Families and people who care for me.
- Caring friends
- Respectful relationships
- On-line relationships
- Being safe.

10- reunification with parents

11- stop abduction

12- respect the views of a child

16- right to privacy

17- access to

information (NSPCC lesson)

19- protection from violence, abuse and neglect

20/25- alternative care

21- adoption safely

22- refugee children

23- children with a disability

26- social security

32- child labour prevention

33-37 safety from abuse, abduction etc.



Big Voice (around

week 3)

Use Trick box display as well as Notebook plans to deliver lessons.

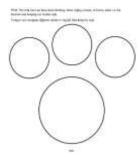
Display will be a working wall building up the new skills we have learnt. Wk 3- Scenario cards

Wk 4- NSPCC Pant-o-saurus video





Wk 5- activity sheet drawing safe people in their lives



Colour monster - key text



Autumn 2	Unicef rights unicef @ tx swry.224	TRICK BOX	Resources
		Habits	
Topic- Our rights Week 1- What are my rights as a child? Week 2- Protecting our rights Week 3- Respecting others Week 4- Celebrating our differences Week 5- Fair or unfair Week 6- Taking part/ Celebrating our community These units include:- • Families and people who care for me. • Caring friends • Respectful relationships • Being safe.	Article 42- knowing your rights as a child 45- advice on how to implement children's rights 2- non-discrimination 4- passing laws to implement rights 7- name and identity 8- protection of identity 12- respect for children's views 13- freedom of expression 14- freedom of thought 16- right to privacy 23- children with a disability 31- relax and play	Recap Mirror Mirror and Big Voice Introduce new skills: Stand Tall (week 2) Magic Circle (week 3)	Twinkl PowerPoints Wk 1- sheet to allow children to draw their understanding of their rights Wk 2- sheet to draw who can protect their rights Wk 3- Discuss respect and its importance using scenario cards Wk 4- scenario cards Wk 5- questions for children to answer

		Use Trick box display as well as Notebook plans to deliver lessons. Display will be a working wall building up the new skills we have learnt.	Wk 6- draw picture of people who share our community
Spring 1	Unicef rights unicef Ce	Creating Happy Early Habits	Resources
Topic - Relationships Week 1- Who are your VIPs? Week 2- Families Week 3- Friends Week 4- Falling out Week 5- Working together Week 6- Showing you care These units include:- • Families and people who care for me. • Caring friends • Respectful relationships • Being safe.	Article 7- identity and name 9- separation from parents 10- family reunification 11- prevent abduction 12- respect children's views 18- family responsibility 20- protection for children who cannot live with their parents 21- adoption 22- refugee children	Recap Mirror Mirror, Big Voice, Stand Tall and Magic Circle Introduce new skills: Breathing colour (week 2)	Twinkl PowerPoints Wk 1- identify the important people in our life Wk 2- kind and caring family members, can children draw their famiy members-celebrate our differences

	23- children with a disability 31- relax and play	Sunny side (week 3) Use Trick box display as well as Notebook plans to deliver lessons. Display will be a working wall building up the new skills we have learnt.	Wk 3- important skills for friendship Wk 4- Scenario cards for what to do when you have a falling out. Wk 5- importance of teamwork and Complete the lego challenge Wk 6- discuss ways of showing we do	·
Spring 2	Unicef rights unicef@	TRICK BOX	Resources	
Tania One Would	Anticle 1 evenus child in	Habits	Twinkl PowerPoints	
Topic - One World	Article 1- every child in every country (except	Recap Mirror Mirror, Big	I WITH FOWEI FOIRIS	
Week 1- Families from around the world Week 2- Homes Week 3- Schools Week 4- Environments	USA) have these rights 2- applies to every child without discriminating 3- best interests of the child	Voice, Stand Tall, Magic Circle, Breathing Colour and Sunny Side Introduce new skills:	Wk 1- comparisons of families roun	d the world

Week 5- Natural resources Week 6- Planet protectors

These units include:-

- Respectful relationships
- Being safe.

4- government must pass laws to ensure the rights are implemented 6- right to life and survival

8- protection of identity

14- freedom of thought, belief and religion

27-shelter

28- education

29- goals of education

31- relax and play



Floating Clouds (week 2)



Big No (week 3)

Use Trick box display as well as Notebook plans to deliver lessons.

Display will be a working wall building up the new skills we have learnt.



Wk 2- comparing homes around the world

Wk 3- discuss the differences between schools around the world



Wk 4- research different environments and adaptions children have to make to live there

Wk 5- What do we use from our environment? Link to Eco schools

Wk 6- make a poster on how we can protect our plant



Summer 1	Unicef rights unicef to	TRICK BOX	Resources
		Creating Happy Early Habits	
Topic - Think Positive Week 1- Think happy, feel happy Week 2- It's your choice Week 3- Go Getters Week 4- Let it out Week 5- Be thankful Week 6- Be Mindful These units include:- • Being safe.	Article 3- best interests of the child 12- respecting children's rights 13- right to express their opinions	Recap Mirror Mirror, Big Voice, Stand Tall, Magic Circle, Breathing Colour, Sunny Side, Floating clouds and Big No! Introduce new skills: Win- win (week 2) Light- bulb (week 3) Use Trick box display as well as Notebook plans to deliver lessons.	Twinkl PowerPoints Wk 1- every cloud has a silver lining (Link to Sunny side, trick box skill) Wk 2- Paired activity discussing good and bad choices Wk 3- Carosel activity for children to try in a time limit- link to resilient tortoise and light bulb trick box to encourage new positive possibilities Wk 4- using tools to discuss ways of overcoming some trivky feelings. Link to trick box strategies! Wk 5- class based discussion on happy memories Wk 6- mindfulness colouring needed, with relaxing music to keep childrne relaxed and positive. Link to Trick box breathing activities

		Display will be a working wall building up the new skills we have learnt.	
Summer 2	Unicef rights unicef Ce	TRICK BOX	Resources
Topic - Growing up Week 1- Celebrating our differences Week 2- Is it okay? Week 3- Pink and Blue Week 4- Look at me now! Week 5- Getting older Week 6- Changes	Article 1- every child has these rights 2- non-discrimination 3- best interests of the child 12- right to an opinion 13- freedom of expression 14- freedom of thought and belief 34- safe from sexual exploitation	Recap Mirror Mirror, Big Voice, Stand Tall, Magic Circle, Breathing Colour, Sunny Side, Floating clouds and Big No! Introduce new skills: Free flow (week 2)	Twinkl PowerPoints Wk 1-Link to discrimination and how we are all allowed to be individuals 1. Writingour names in the top two two portions of the top two books 2. Draw a picture of you und your partner of you und your partner of the picture of

These units include:-

- Caring friends
- Respectful relationships
- On-line relationships
- Being safe.



Big Yes (week 3)

Use Trick box display as well as Notebook plans to deliver lessons.

Display will be a working wall building up the new skills we have learnt.

Wk3- focus on stereotypes. Need book Pearl Power and the Toy Problem (EJ copy)

Wk 4- how we have changed as we grow up. What could they not do as a baby, that they can now. Activity sheet needed



Wk 5- planning for the future. What is their dream job?



Wk 6- change is scary but think of ways of overcoming it. Link to trick box activities to stay calm and have confidence.